

## Titan Elite Winter Youth Camp - Ages: 6-12 Cal State Fullerton (Goodwin Field)

Dates: Dec 21 to Dec 23, 2009 Hours: 9 am to 3 pm Price: \$225

The Titan Elite Winter Youth Camp is designed to be a fun experience where kids leave the field excited about playing baseball. Our goal is to implement a schedule that is balanced between fun baseball activities and serious skill instruction.

This summer we added a few new activities the kids really enjoyed and will be a part of our winter program. One was our hitting picture contest. After day 1 of learning hitting fundamentals, the kids were asked to bring a picture of a Major League hitter and explain what they were doing well in the picture. At lunch, all the pictures were displayed on our contest table and the kids voted for best picture based on our hitting fundamental criteria. The winner received a Titan hat as a prize.

The kids also enjoyed the end of camp autograph session. On the last day of camp, every camp counselor (Camp staff is composed of Titan players and staff) sat at a long table and the kids got to go down the line and get autographs.

Below is a tentative schedule for a camp day:

8:15-9:00	Pre-Camp Activities (optional) -Wiffle ball games -Pitcher target practice -Infield ground-balls
9:00-9:15	Titan Stretch and Plyometrics
9:15-10:15	Groups 1-6 6-station hitting Groups 7-12 Catch play fundamentals and 4-station pitching
10:15-10:20	Water Break
10:20-11:20	Hitting rotates to pitching; pitching to hitting
11:20-11:30	Baseball trivia
11:30-12:15	Lunch
12:15-12:30	Pickle/baserunning
12:30-1:30	Groups 1-6=3-station infield; groups 7-12=3-station outfield **Switch after 30 mins.
1:30-1:40	Water break and organize teams for camp games
1:45-3:00	Camp Baseball game

Price: \$225 (1 player); \$200 (Group of 4); \$175 (Group of 6+)

YOU CAN REGISTER ONLINE AT [WWW.TITANBASEBALLELITE.COM](http://WWW.TITANBASEBALLELITE.COM)

For more information please contact Gregg Wallis @ 818-425-4385 or [greggwallis@gmail.com](mailto:greggwallis@gmail.com)